

Deep energy renovation to nZEB of old concrete apartment building to nZEB by using wooden modular element

nZEB Research Group
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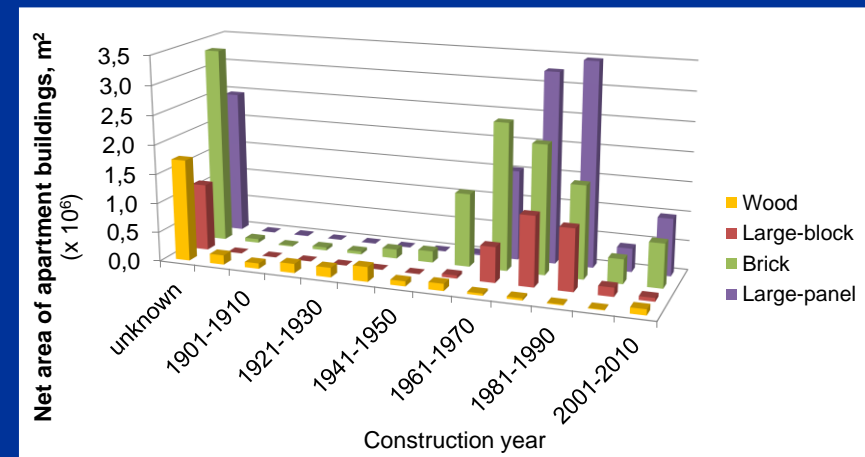
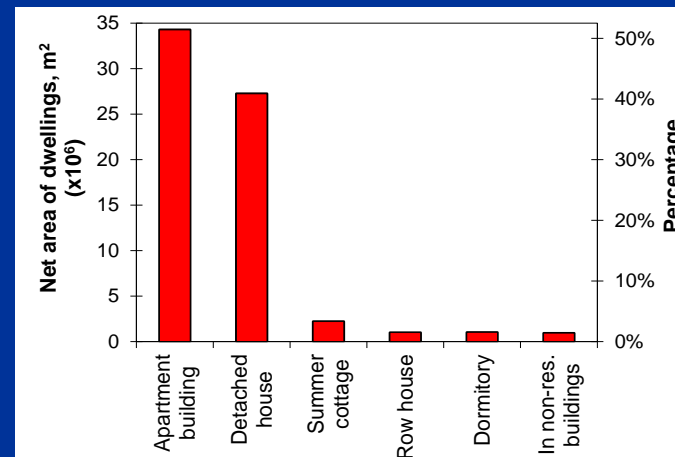
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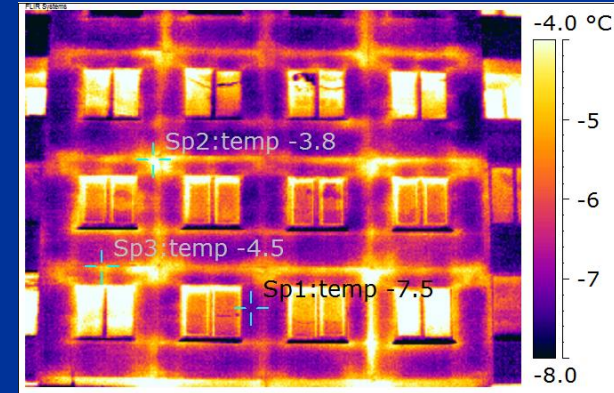
Apartment buildings in Estonia

- $\approx 27\,000$ buildings, ≈ 34 million m^2
- 71% of population lives in apartments
- Built mainly during: 1950–90
- Loadbearing structures:
 - brick: 37%,
 - concrete: 36%,
 - lightweight concrete: 12%,
 - wood: 8%



The main problems with apartment buildings

- Building envelope structures
 - High energy loss: $U \approx 0.7-1.0 \text{ W}/(\text{m}^2\text{K})$
 - A lot serious thermal bridges
 - Degradation of facades (corrosion, frost resistance)
- Service systems
 - Natural ventilation: inadequate airflow, draft
 - Heating systems: no thermostats, unbalance
 - District heating: high heat loss
- The designed service life is over.

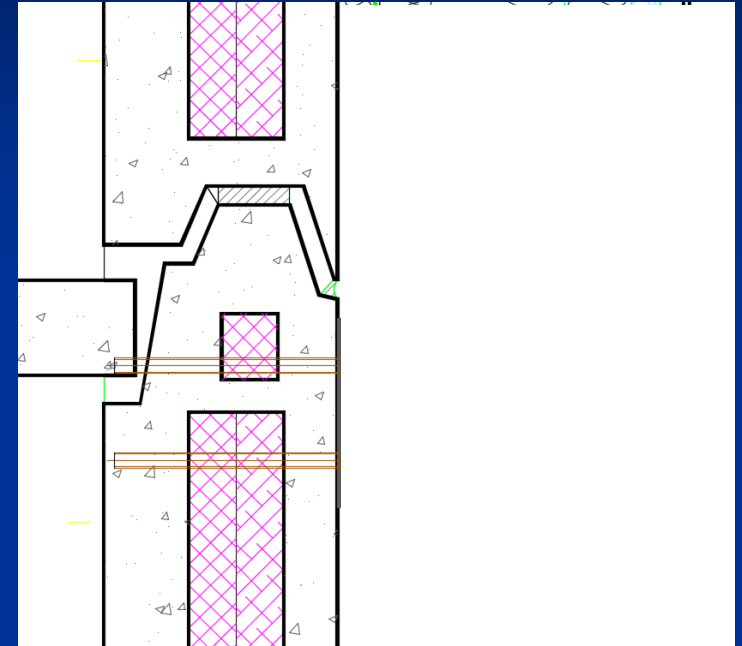




Deep energy renovation with prefabricated wooden elements: **a pilot**

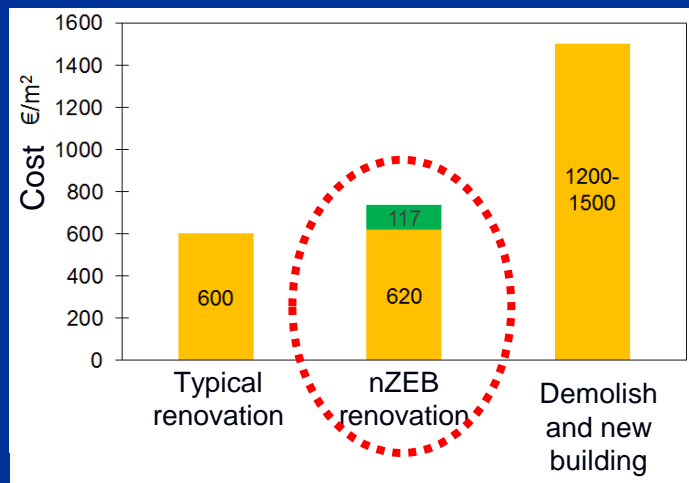
Situation before renovation

- Built 1986
- 5 storey, 80 apartments
- Concrete large panel building (series 121)
- Primary energy use before renovation $\sim 300 \text{ kWh}/(\text{m}^2\text{a})$
- Mould on thermal bridges



Scenarios

- *Status quo*, no changes
- Concentrating only on indoor climate
- Typical renovation
- Deep energy renovation with prefab. wooden elements
- Demolish current and to build a new building



Deep energy renovation to nZEB

Pilot building: TUT dormitory

■ Nearly Zero Energy Building

- Energy need:
 - energy need for heating and ventilation: 18 kWh/(m² a)
 - domestic hot water: 30 kWh/(m² a)
 - appliances, lighting, ventilators, pumps: 30 kWh/(m² a)
- Onsite energy production RES:
 - Solar collectors and sewerage heat recovery for DHW: 8 kWh/(m² a)
 - PV panels for electricity: 2 kWh/(m² a)
- Designed primary energy use: 95 kWh/(m² a)



Deep energy renovation to nZEB

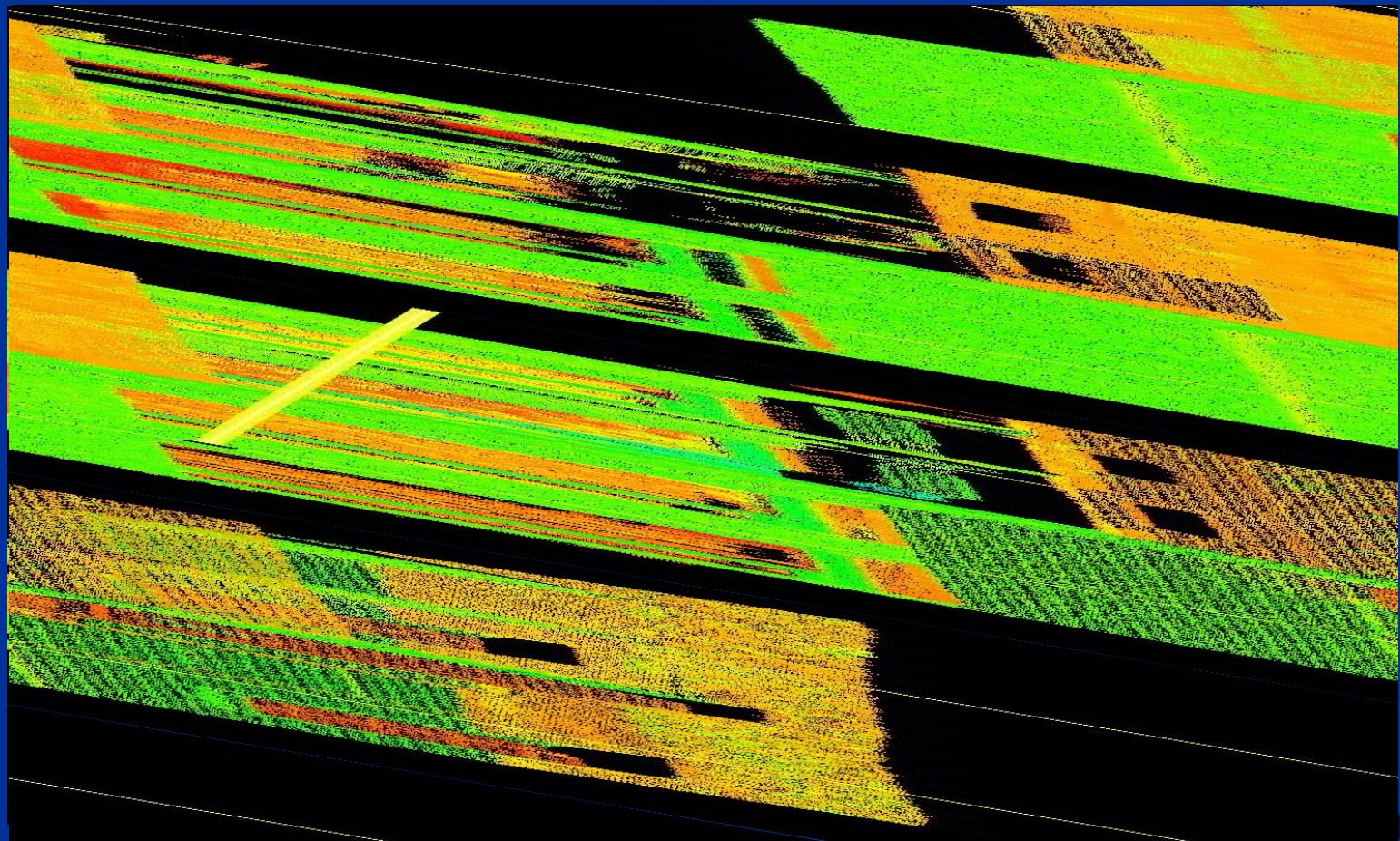
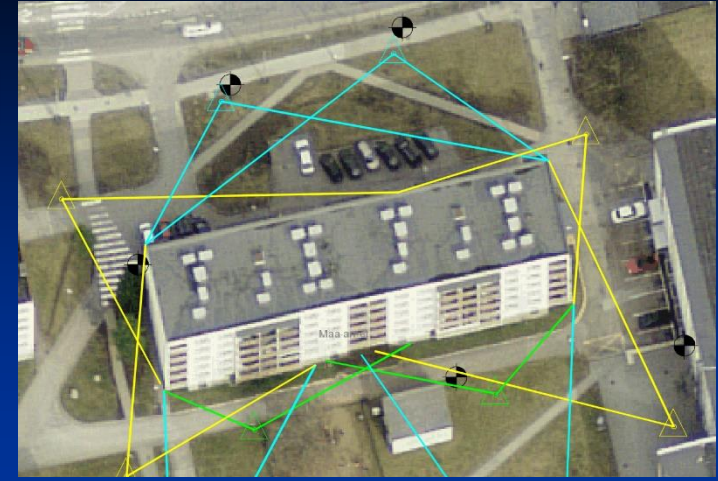
- Pilot building: TUT dormitory
 - Nearly Zero Energy Building
 - Wooden elements for additional insulation:
 - Facade $U\ 0.11\ \text{W}/(\text{m}^2\text{K})$
 - Windows $U\ 0.85\ \text{W}/(\text{m}^2\text{K})$
 - Roof $U\ 0.10\ \text{W}/(\text{m}^2\text{K})$
 - Effective service systems:
 - Mech. supply and exhaust ventilation with heat recovery
 - New two-pipe heating system with radiators and thermostats
 - PV panels, solar collectors
 - Sewerage heat recovery



Design and development prefabricated insulation elements

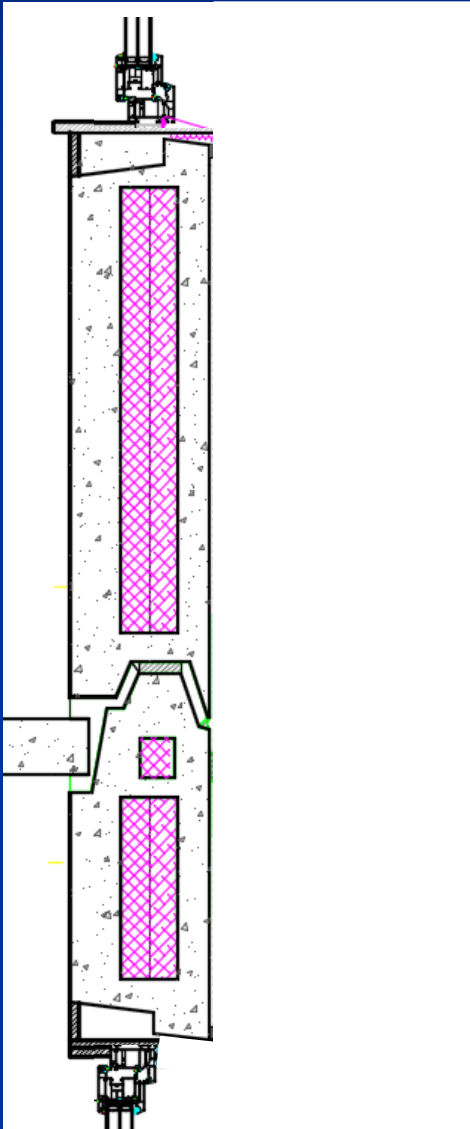
Laser scanning

- 10 scan stations; 7 reference points
- Average resolution – 8300p/m²
- Duration: 1-2 days

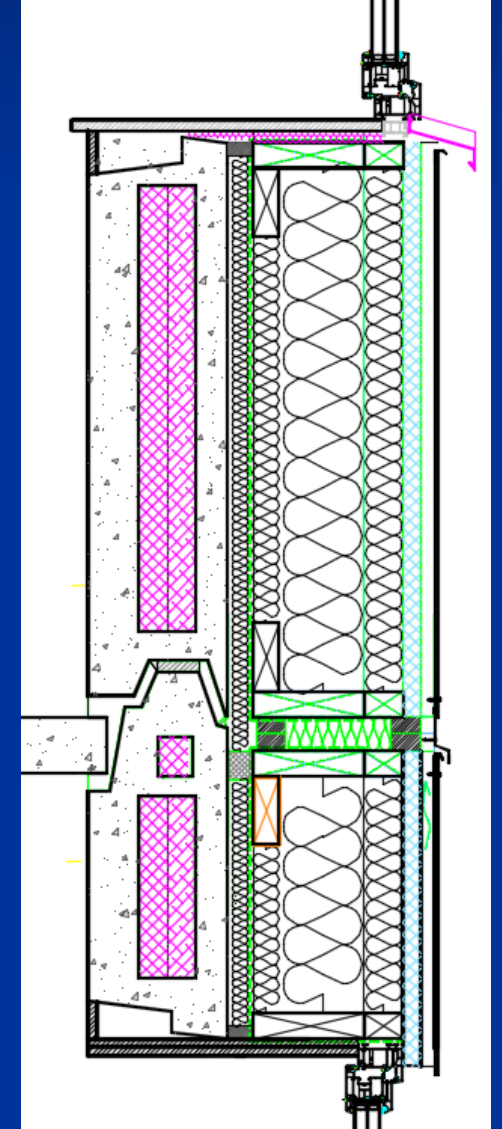
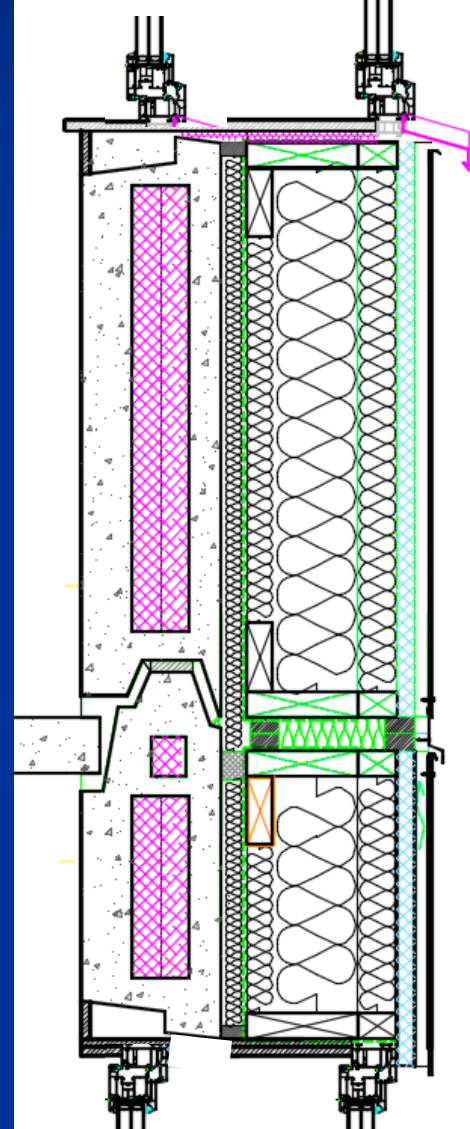
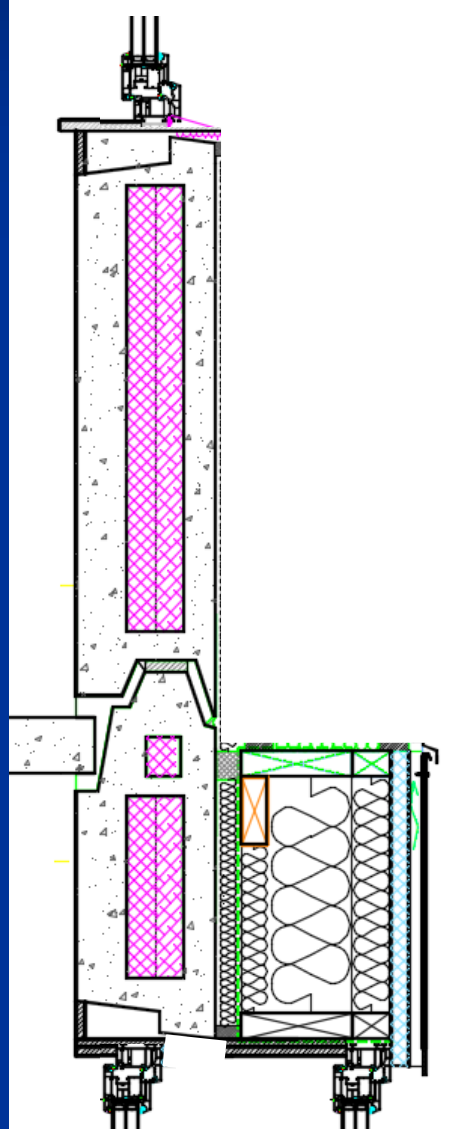


Facade

Original facade

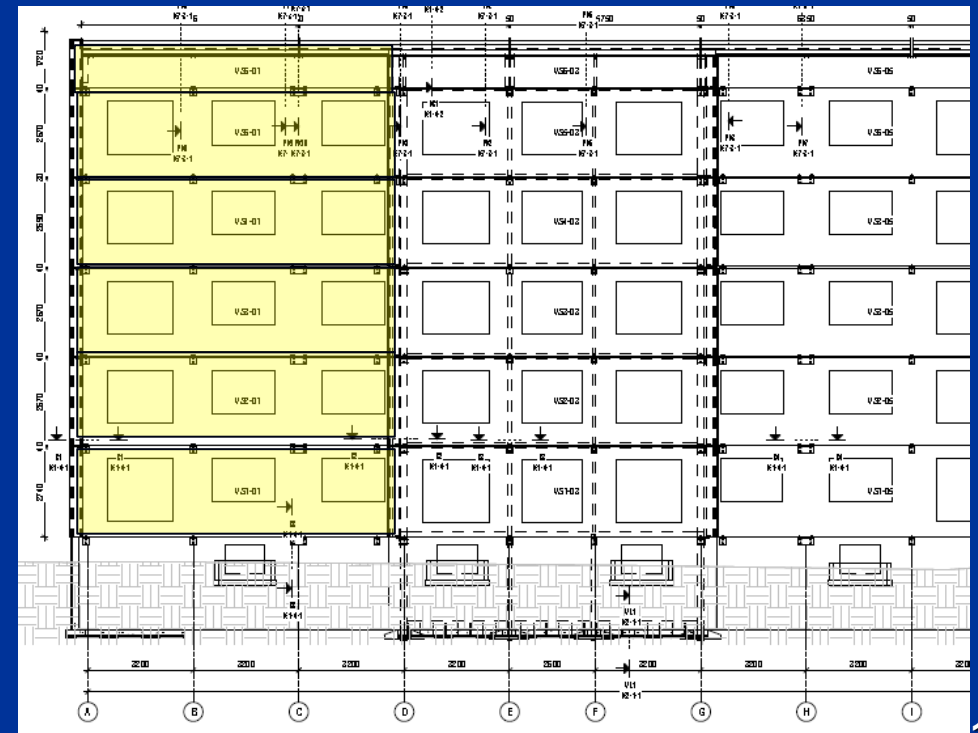
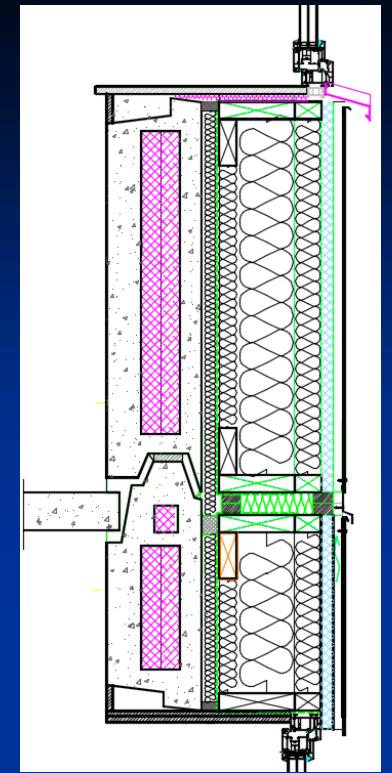


Renovated facade



Facade

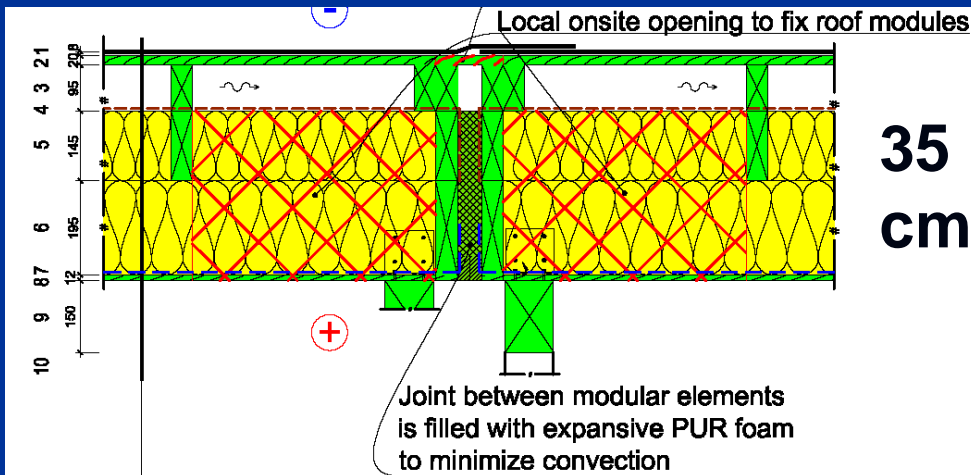
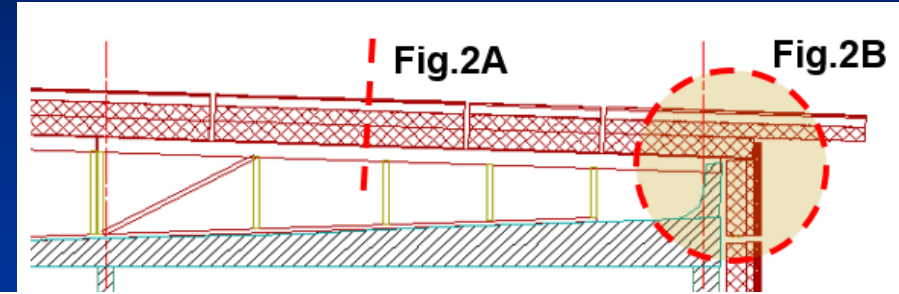
- Dimensions of elements $\sim 9.3 \times 2.7\text{m}$
- 2-3 windows were preinstalled in factory
- Installation of elements: ideally 15...20 minutes



Live in Youtube

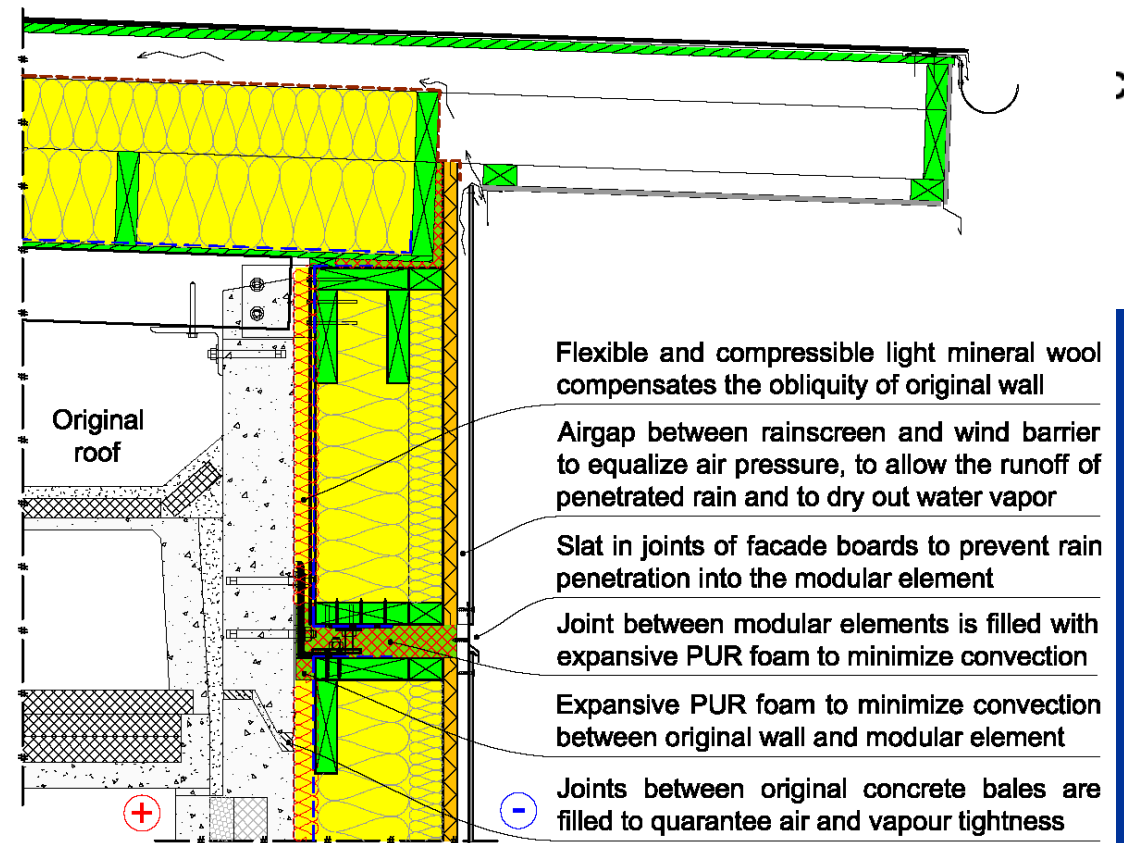


Design solution: roof



35
cm

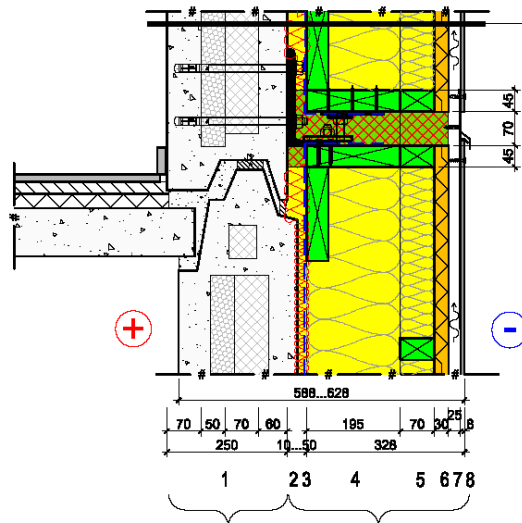
| | |
|--|--------|
| 1. 2xSBS roof membrane | 8mm |
| 2. Waterproof plywood boards | 20mm |
| 3. Ventilated aircap | 95mm |
| 4. Water vapour permeable roof membrane $S_{d} \geq 0.02m$ | |
| 5. Timber frame 45x145mm cc.600mm / mineral wool (A1; $\lambda_D=0.035 W/(mK)$) | 145mm |
| 6. Timber frame 45x195mm cc.600mm / mineral wool (A1; $\lambda_D=0.035 W/(mK)$) | 195mm |
| 7. Vapour barrier: PE foil | 0.2mm |
| 8. OSB-board | 12mm |
| 9. Supporting timber frame (beams) | 150mm |
| 10. Supporting timber frame (columns) | >400mm |



A B

Design solution: walls

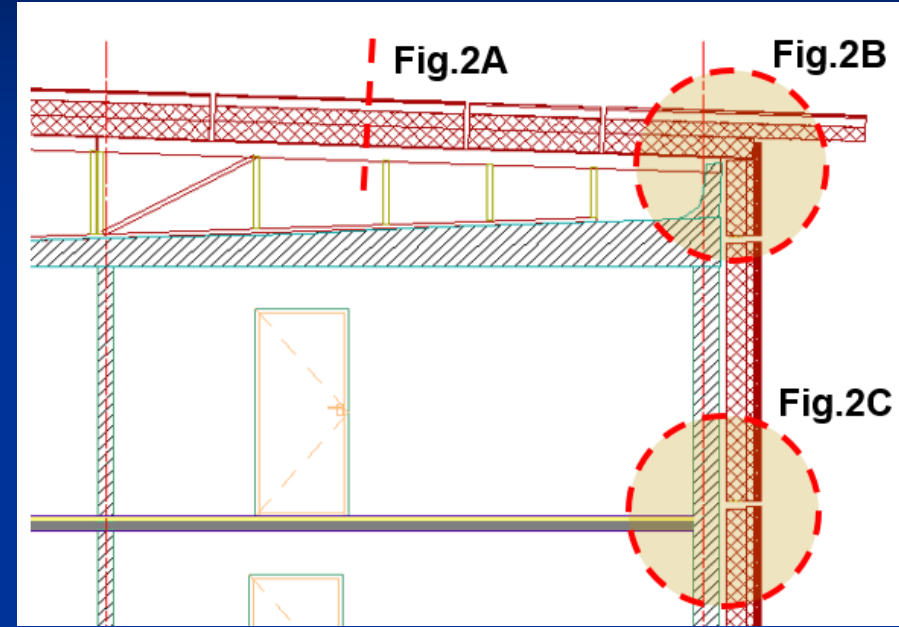
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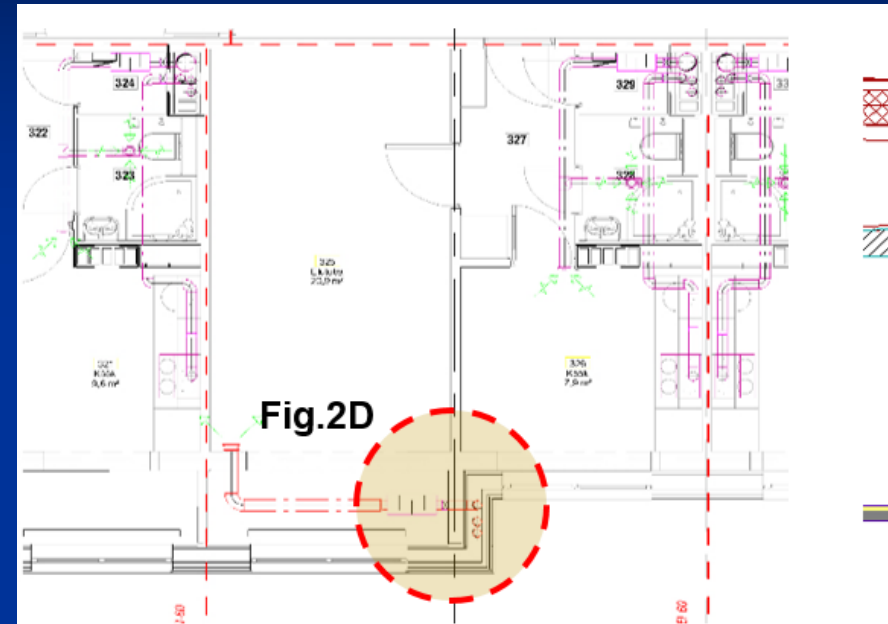
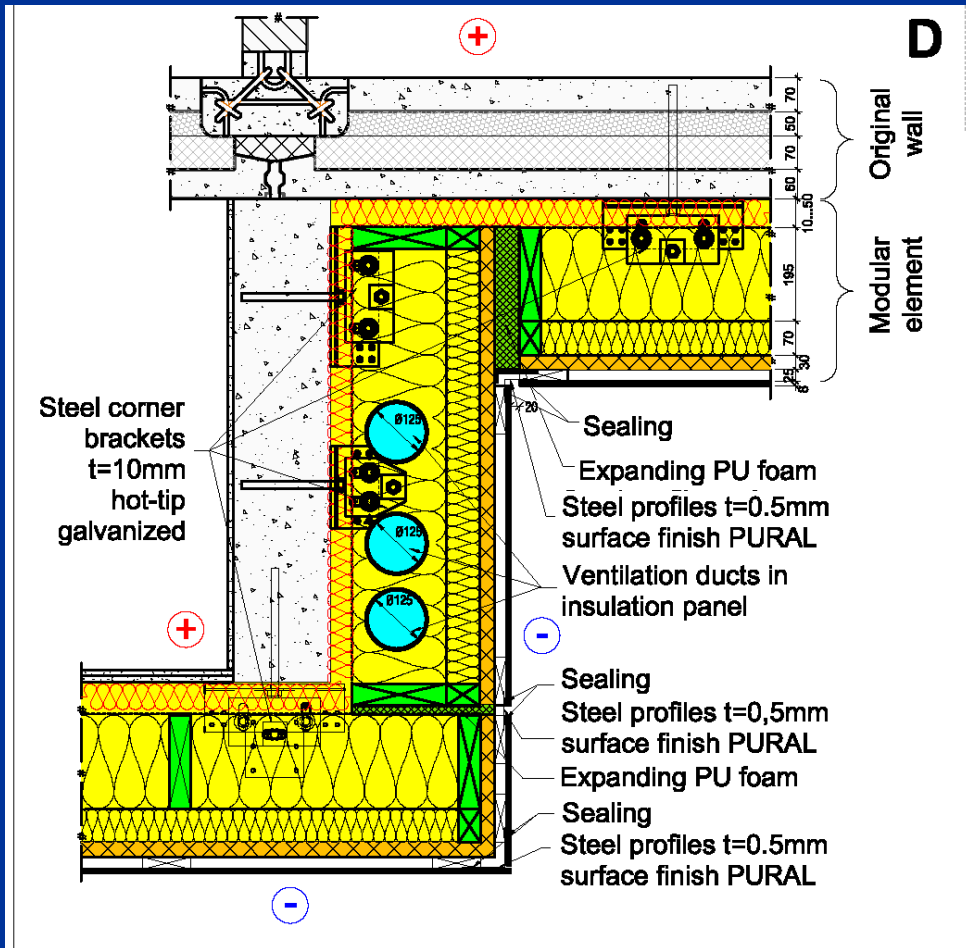
- | | |
|---|-----------|
| 1. Existing concrete panel | 250mm |
| 2. Filling mineral wool (A1; $\lambda_D=0.035$ W/(mK)) | 10...50mm |
| 3. Air&vapor retarder (vapor resistance $Z_p=1.6...27 \times 10^9$ (m ² sPa)/kg) | |
| 4. Timber frame 45x195mm cc.600mm / min.wool (A1; $\lambda_D=0.035$ W/(mK)) | 195mm |
| 5. Timber frame 45x70mm cc.600mm / min.wool (A1; $\lambda_D=0.035$ W/(mK)) | 70mm |
| 6. Semi-rigid mineral wool slab with special wind barrier facing (vapor permeability $\delta_p=150 \times 10^{-12}$ kg/(msPa); taped joints, A2-s1,d0; $\lambda_D=0.031$ W/(mK)) | 30mm |
| 7. Ventilated airgap | 25mm |
| 8. Facade board - rainscreen | 8mm |

Original wall Modular element

**30-35
cm**



Design solution: ventilation ducts in wall



HVAC systems: in general

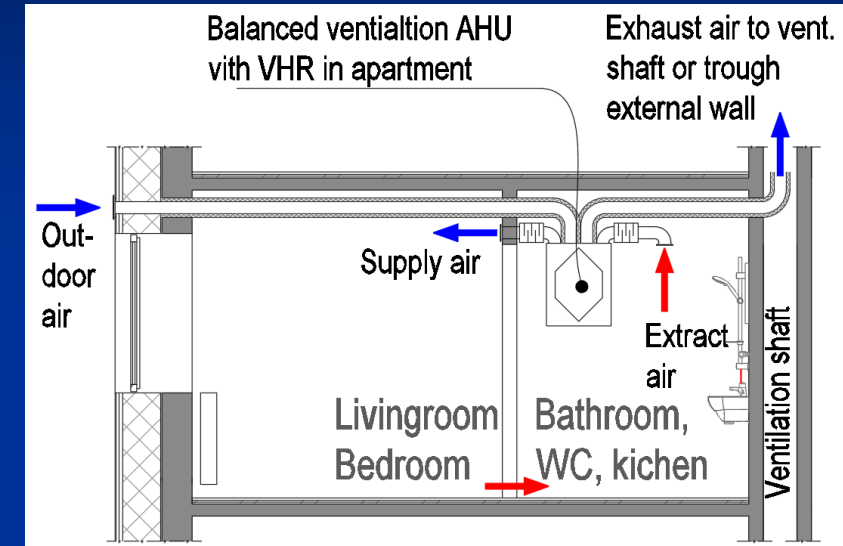
■ Apartment based AHU with VHR

■ Pro:

- High efficiency
- Guaranteed performance
- Occupant can adjust the speed

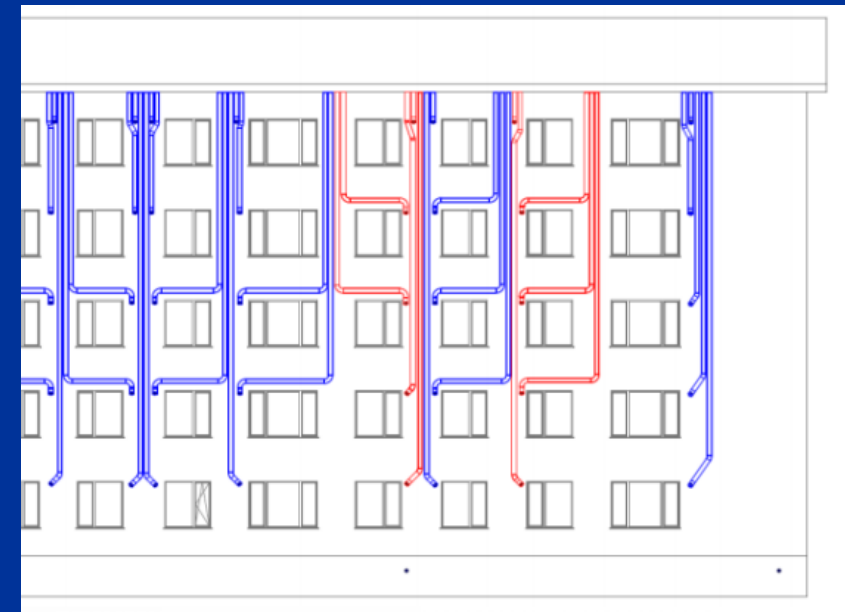
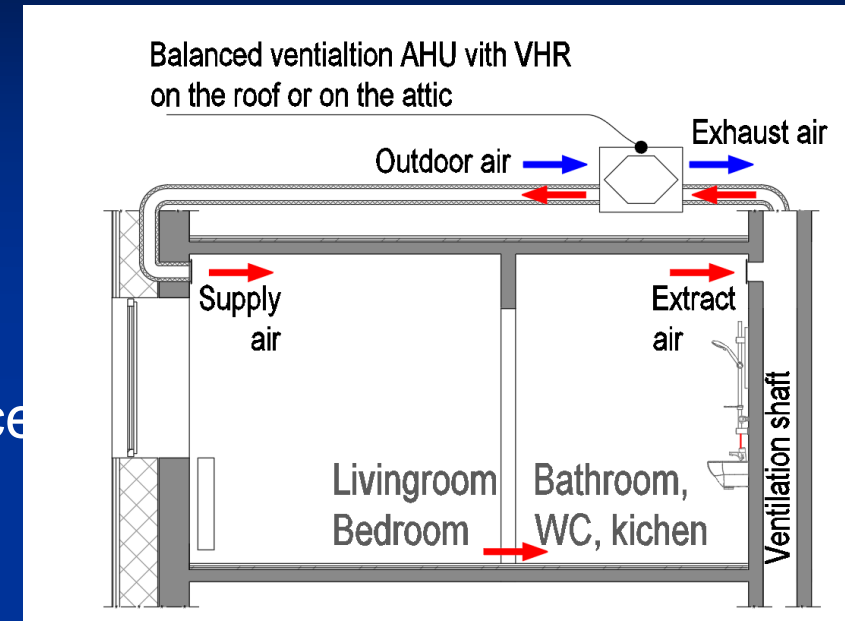
■ Contra:

- Ductwork installation in apartments
- Expensive and requires space



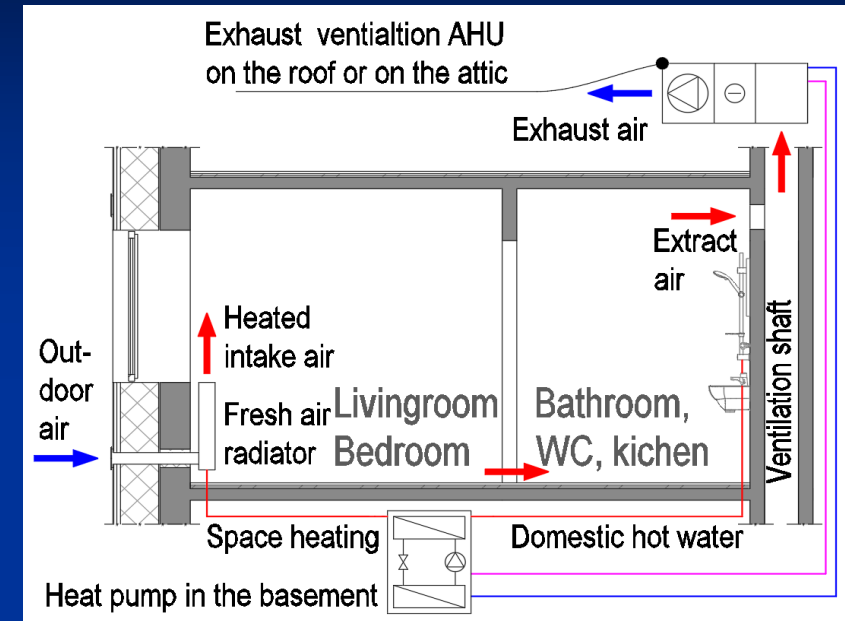
HVAC systems: in general

- Apartment based AHU with VHR
- Centralized AHU with VHR
 - Pro:
 - High efficiency and guaranteed performance
 - Minimal construction works in apartment
 - Most common solution in Estonia
 - Contra:
 - Difficult to use in buildings higher than 5 floors (too big ducts on the façade)



HVAC systems: in general

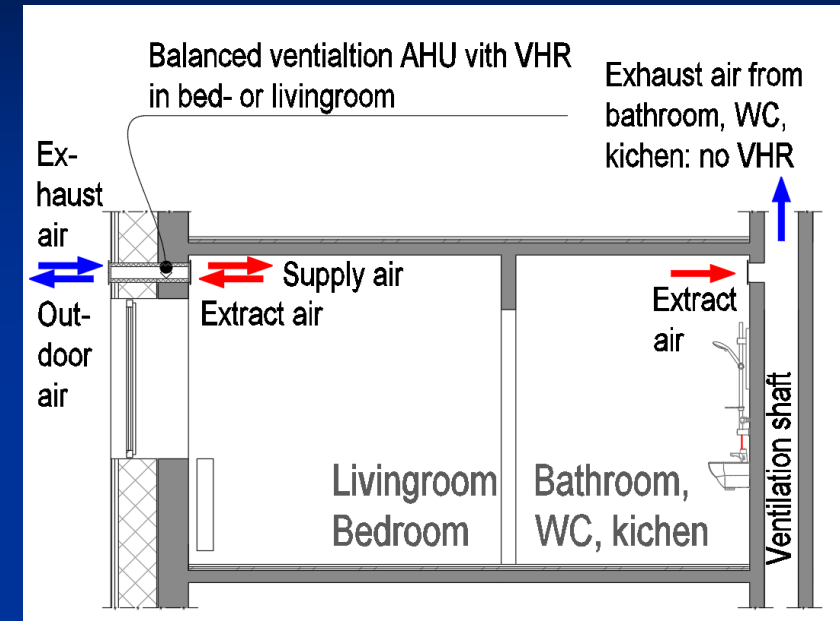
- Apartment based AHU with VHR
- Centralized AHU with VHR
- Exhaust AHU with heat pump HR
 - Pro:
 - Minimal construction works in apartment
 - Main solution in 9-storey buildings
 - Contra:
 - Electricity of HP
 - Parallel heating for district heating
 - Ventilation radiators to be used for intake air pre-heating



HVAC systems: in general

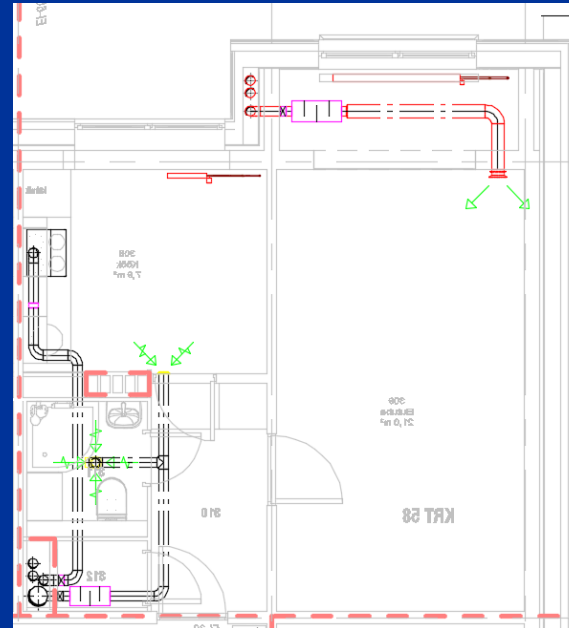
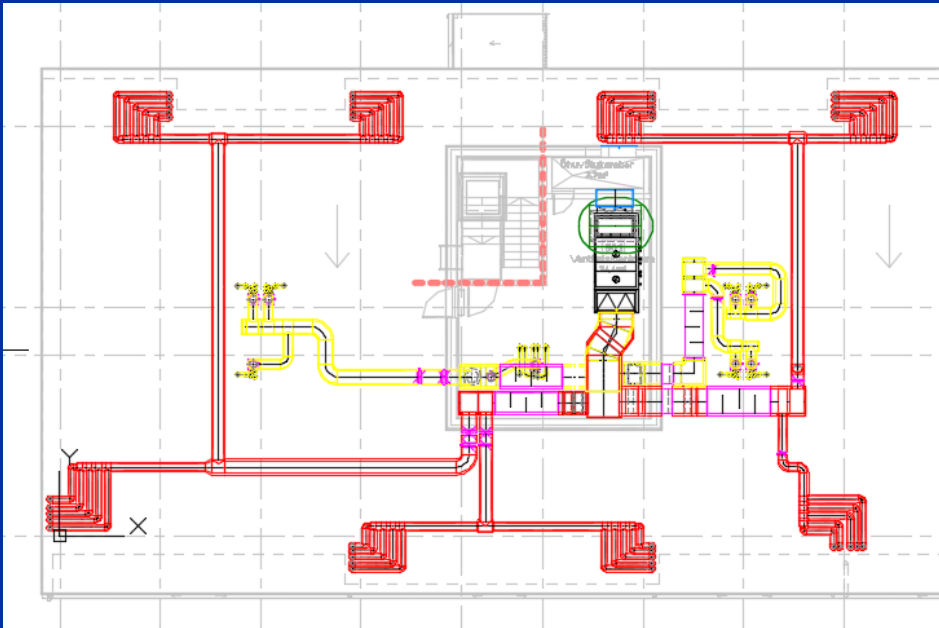
- Apartment based AHU with VHR
- Centralized AHU with VHR
- Exhaust AHU with heat pump HR
- Room based AHU with VHR

- Pro: Easy to install
- Contra:
 - Wet rooms not solved
 - Unbalanced, low heat recovery
 - too high noise, frosting issues
 - too small pressure drop (wind and
 - too small airflow (many units are need
 - Not accepted to be used for renovation grant



HVAC systems: ventilation

- ½: centralized balanced ventilation with VHR
 - Ventilation unit on roof,
 - Ducts in insulation elements
- ½ apartment based balanced ventilation with VHR
 - AHU in balcony or in coatroom



HVAC systems: space heating

- District heating
- Hydronic radiators
- Room thermostats
- 2-pipe system



HVAC systems: domestic hot water

■ 1/2 solar collectors

- 50 plate-type collectors, 100m²
- 4x1.5m³ storage tanks in basement



HVAC systems: domestic hot water

- ½ solar collectors on roof
- ½ sewerage heat recovery
 - 2 passive units in basement



HVAC systems: renewable electricity

- PV panels on roof
 - 45 degree, south direction
 - 2 inverters



Construction during 2017

- Public procurement: 2 offers (including VAT 20%):
 - 3,456 milj. €
 - 3,560 milj. €
- Total cost
 - 822€/m² closed net area (all works)
 - 372€/m² (interior and general constructions)
 - 334€/m² (energy performance and indoor climate)
 - 116€/m² (nZEB, research)
- Duration
 - Preparing and reinforcement the facade: May
 - Installation of wall and roof elements: June - August

Future targets

- Simpler and cheaper element and facade material (rainscreen)
- Simpler fixation of elements to facade
- Quicker installation, better on site logistics
- Quicker insulation and tightening of joints of elements
- More space between elements (tolerance)
- More automatized design and production
- More development and testing during design and before installation
- Additional floors
- Moisture safety issues!!!

